

## **Prioritising climate change actions post COVID-19 amongst university students; a Q methodology perspective in the United Arab Emirates**

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**Abstract:** The COVID-19 pandemic caused strict regulations to lower transmission rates. Industries were shut down, people were in lockdown, and travel was curtailed. Restrictions were in effect for an enough period for people's behaviour to change. For example, online meetings rather than needing to travel. This opens the possibility for alterations to the perception that it is possible to commit to effective climate change actions. A Q methodology study was conducted to analyse how 33 university environmental students across the United Arab Emirates perceive the importance of prioritising climate change actions post-pandemic. Statistical analysis yielded four discourses. The first emphasises the need to learn lessons about climate sustainability and sustain them post-pandemic. The second, more pessimistic

but advocates preventing a return to pre-pandemic norms by implementing post-pandemic climate change regulations. The third expects economic recovery to take priority over reducing emissions. The fourth raises opportunities and challenges for environmental sustainability post-COVID-19.

**Keywords:** COVID-19; climate change; Q-methodology; discourses; environmental sustainability; United Arab Emirates; UAE.

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## 1 Introduction

Severity of the COVID-19 pandemic resulted in industries being shut down and travel being severely curtailed to prevent transmission of the virus, so much so that the pandemic was not only considered a health crisis, but an economic crisis as well (WHO, 2020). However, the COVID-19 pandemic is not the only global emergency. Climate change remains the biggest threat to humanity and there have been repeated calls for immediate adaptation and mitigation strategies (Pecl et al., 2013). However, greenhouse gas emissions have continued to rise, and political responses limited in extent and effect (IPCC, 2014) despite manifestations of climate change impacts such as fires (Flannigan et al., 2020), hurricanes (Marsooli et al., 2019), floods (Cheng et al., 2017), reduction of polar ice (Everinghaus, 1999) and increased temperature extremes in the Middle East and North Africa (MENA) in the 21st century (Lelieveld et al., 2016).

The pandemic demonstrates not only that governments are able to rapidly implement strict regulations and shut down whole industries; but individuals, families and communities are able to rapidly adapt to new lifestyles and accept the concomitant limitations (Kumari et al., 2020). Many of these behavioural changes are coincidentally associated with lowered emissions of greenhouse gases (GHG), most notably reduced commuting and travel by air (Sarkis, 2020). In many cases, business meetings and conferences that previously required face-to-face interaction have been successfully replaced with online meetings thereby saving travel time, cost and CO<sub>2</sub> (Lau, 2020).

The quick and substantial regulatory and behavioural changes that occurred during the pandemic demonstrate that effective climate-change mitigation actions are possible (Bavel et al., 2020). Climate change is one of the major threats for Gulf countries including the United Arab Emirates (UAE). With the current pandemic shifting the focus from environmental priorities to health and livelihood matters, policy implementation has become a challenge for both governments and individuals. In order to evaluate public perceptions of environmentally concerned students on this topic, we asked students studying for environmental degrees in the UAE to evaluate a set of statements covering various different viewpoints related to COVID-19 and climate change in the UAE. The ranking of the statements was analysed using Q-methodology to create series of discourses.

## 2 COVID-19 and climate change

To control the spread of the novel coronavirus, governments worldwide introduced strict regulations. As a consequence, global carbon emissions were reduced due to people staying at home, movement restrictions, decline in transportation systems' fossil fuel consumption (Chen et al., 2020) and decline in air travel. Estimates of air pollution in New York during the 2020 COVID-19 lock-down were 50% lower than the previous year and emissions in China decreased by 25% since the World Health Organisation declared the pandemic to be a global health emergency (Saadat, 2020).

However, GHG emissions are likely to rise again as soon as the virus is confined and life returns to 'normal' as industries, such as the tourism and fossil fuel sectors, speed up their recovery processes. An alternative scenario is to assume that people have seen that

adaptation to change is possible and are willing to accept or adopt to similar restrictions post-pandemic in order to reduce GHG emissions (Jackson et al, 2020).

Some commentators have observed that there are similarities between the COVID-19 crisis and the climate emergency (Manzanedo, 2020; Sulistiawati, 2020). Both crises present a global problem, which requires international cooperation to reduce its impacts. More importantly, both crises have been predictable. The measures taken to counter the pandemic have been shown to be beneficial for the climate. Continuing these, actions post-pandemic will not only reduce the severity of climate change impacts but will be less costly than to intervene. In particular, less developed countries depend on efficient preventive measures since they will suffer the most from the impacts as well as being least able to afford mitigation and adaptation strategies (Manzanedo, 2020). Compared to the climate crisis, the COVID-19 pandemic is an immediately dramatic but short-term problem, whereas climate change impacts have built up over time and might not be reversible if insufficient action is taken.

Despite the GHG emissions reductions during the pandemic, there are fears that once the restrictions are lifted, emission levels will return (Hepburn, 2020). This suggests that when developing COVID-19 recovery packages, climate actions should be included in priorities. “Any recovery measures must not be focused on bailing out the largest and most-polluting companies; rather, they should be used wisely, to facilitate a fair transition” (Colli, 2020). For example, integrating the so-called ‘European Green Deal’ into the COVID-19 recovery packages is a possible way to redesign economies sustainably post-pandemic. The European Green Deal is a set of guidelines directing the way into a sustainable economy, which prioritises the restoration of biodiversity and reduction of pollution in favour of tackling climate change (European Commission, n.d.).

According to the UAE National Climate Change Plan, national vulnerability is increased, and the UAE’s development goals hampered, by climate change (NCCP, 2017). The UAE has already put in place the ground rules for green growth and combating climate change (NCCP, 2017) with a focus on renewables and nuclear energy. However, in 2010, the UAE ranked 11th in the world in terms of per capita CO<sub>2</sub> emissions; in 2019, emissions per capita were still among the highest in the world (OWD 2021).

On the 29th of April 2020, the UAE joined the 11th Petersberg Climate Dialogue, together with over 30 environmental ministers worldwide as well as German Chancellor Angela Merkel and the UAE’s Minister of Climate Change and Environment, Dr. Thani bin Ahmed Al Zeyoudi. The virtual meeting addressed the introduction of a green recovery from the COVID-19 pandemic (WAM, 2020). The attendees agreed to keep climate protection at heart and rebuild the economy with a focus on climate-friendly investments such as renewable energy (WAM, 2020; Alfaham, 2020).

The climate change poses very real threats in the Arabian region. Modelling studies have suggested that extreme heat events could result in temperatures intolerable to humans (Pal and Eltahir, 2016), which would render important events such as the Hajj pilgrimage potentially dangerous for the millions of people who attend each year (Kang et al., 2019; Saeed et al., 2021). Climate change threats in the region also extend to food security (Spiess 2012), further aggravation of extreme water scarcity (DeNicola et al 2015), biodiversity loss and coastal erosion (Al-Maamary et al 2017).

### 3 Methodology

Q methodology was chosen as the technique for compiling perceptions of the participants and analysing the discourses. The method helps to reduce researcher bias and opens the opportunity for the participants to consider the topic from different viewpoints without getting distracted by discussion of factual correctness (Brown and Perkins, 2019; Ramlo, 2015). The method was developed by the British psychologist William Stephenson in 1935 and has been applied within many disciplines including psychology, political science, medicine, education, economics, behavioural and health sciences (Cross, 2005; Graaf, 2005; Zabala et al., 2018).

In Q-methodology the participants are provided with a set of statements related to the topic, which is also called the Q-set. They are asked to rank or evaluate the statements according to their beliefs, attitude and perspective. Each respondent thereby expresses their particular viewpoint by producing their own unique Q-sort which can then be statistically compared with the Q-sorts of other participants. This in turn allows the research to analyse similarities and differences in subjective opinions on the matter under study. The respondents are referred to as the P-set (Graaf, 2005). Factor analysis of a Q-sort by Q-sort correlation matrix is used to analyse the responses of the participants taking part in the survey. Q factor analysis is thus done by-person. Hence in contrast to the more common use of factor analysis, also called R methodology, where the variables are traits such as age or gender, in Q methodology the variables are the individuals. The Q Method is a systematic approach consisting of qualitative as well as quantitative measures. The development of statements, the selection of participants and the definition of the topic or issue are based on qualitative judgements of the researcher. In this study, the statements of the Q-set reflect how people connect the pandemic with climate change as well as perceive the individual and governmental responsibility in climate change efforts post-pandemic.

A major advantage of Q methodology is that complex viewpoints on a single issue can be gathered using a relatively small sample (Lien et al., 2018). Application of the methodology has been much debated, and concerns expressed about subjectivity and interpretation (Sneegas et al., 2021), but it is generally considered to provide an effective understanding of “the interlinkages in opinions between topics or patterns of perspectives” (Mukherjee et al., 2018).

Six steps are here relevant to the design of the reported Q methodological study. The first step is to decide on a sample of respondents, the P-set, whose viewpoints are the main focus in the research. The P-set sample size can be relatively small and needs to be well-chosen and theoretically justified (Moree, 2017). Since our interest is in the views of young people in the UAE who are

- a likely to be future opinion leaders
- b the generation most affected by climate change impact

the present study opted for a sample composed of students with an environmentalist background who are studying in universities all across the UAE.

The second step is to develop a Q-set, which is usually composed of 40 to 80 opinion statements related to the topic, although initially a much larger sample of items is drawn up. The initial Q-set included negative, positive and neutral statements expressing a variety of different possible perspectives and should be broad and inclusive enough to

ensure that the participants views are being addressed. Our initial Q-set consisted of 321 statements, which were selected from primary and secondary sources relevant to the topic. Primary sources were obtained through interviews with 85 students from across 8 UAE universities (Amity University, American University of Sharjah, Candian University Dubai, Hamdan Bin Zayed Smart University, Zayed University, Abu Dhabi University, Jumeirah University and Higher Colleges of Technology), who were contacted for virtual meetings where the topic was discussed; and secondary sources were statements derived from the literature (Coogan and Herrington, 2011; Ward, 2010, Sulistiawati and Linnan, 2020, Manzanedo and Manning, 2020). All statements were representative of the research topic and covered significant sub-issues related to the impact of COVID-19 on climate change, the governmental responsibility for climate efforts and the importance of implementing regulations post-pandemic.

Once the initial Q-set is developed, the third step is to reduce the number of statements to a final Q-set of (typically) 40 to 80 statements that adequately represent the topic being investigated (Brown, 1980; Graaf, 2005). In order to ensure that all interests of our participants are covered in the Q sample, to aid the reduction of initial items we organised them into the 4x4 matrix developed by Dryzek and Berejikian (1993).

**Table 1** 4x4 matrix used to segregate the statements according to the discourse element and type of claim

Type of claim	Discourse element			
	Ontology	Agency	Motivation	Relationship
Definitive	54	18	1	16
Designative	23	11	4	20
Evaluative	16	17	13	89
Advocative	13	16	5	5

Source: Following the methodology of Dryzek and Berejikian (1993)

The statements were chosen so that each cell of the table is occupied. The distribution of our statements into the matrix is shown in Table 1. The matrix is comprised of two dimensions, which are the ‘discourse elements’ and the ‘type of claim’.

The elements of discourse and types of claims are defined as follows (Dryzek and Berejikian, 1993):

- 1 Ontology: a set of entities such as interests, groups, nations, classes or individuals.
- 2 Agency: degree of agency assigned to entities such as governments, leaders or ministries.
- 3 Motivation: describes the motivation of actors, for instance self-interest, civic virtue, survival, and so on.
- 4 Relationship: reflects natural or unnatural political relationships mainly taken for granted such as hierarchies based on age, education, birth, gender, wealth, social class.

The types of claims are defined as followed:

- 1 Definitive: definitions i.e., the claims that give meaning to the term.
- 2 Designative: claims that are statements of fact.

- 3 Evaluative: claims which explain the worth of something that does or could exist.
- 4 Advocative: claims that are concerned that something should or should not exist.

An example of a statement that falls under advocating agency would be statement 37 in Table 2: “We should motivate policymakers to prioritise long-term safety over short-term costs and economic gain”. An example for defining ontology is statement 15: “What we thought was ‘normal’ before the pandemic was already a crisis and so returning to it cannot be an option”. An example for a statement that is evaluating motivation is statement 41: “Recent improvements to air quality could be lost to a haze of ‘revenge pollution’ as industries returned to normal operations”” Furthermore, statement 46 is an example for designating relationship: “Climate change will still be around and will not really be changed by this crisis”. Our final Q-set consists of 50 statements and includes at least three statements from each section of the 4x4 matrix.

In the fourth step we distributed the survey in English to the participants. Thirty three final participants (environmental science students) were asked to rank their degree of agreement or disagreement with each statement according to a nine-point Q-sort distribution from +4, mostly agree, to -4, mostly disagree, with 0 representing a neutral opinion to the statement. The survey was conducted over three weeks during June and July 2020. The participants ranked the statements without influence from the researcher, based solely on their own perception. The field research was conducted during the COVID-19 pandemic so to avoid personal contact the survey was sent out via communication portals (social media) such as WhatsApp, LinkedIn and E-mail to comply with social distancing as well as lockdown regulations. Furthermore, we could not interview the participants face-to-face and so could not ask them to clarify why they agreed or disagreed with the statements at time of Q-sorting. We re-established virtual communication with the participants later to gather additional qualitative information on the reasons for the scoring.

The fifth step is the Q pattern analysis in which similarities and differences between Q-sorts first identified by means of a correlation matrix are subjected to a by-person factor analysis, where each factor represents a grouping of like-sorted (and hence highly intercorrelated correlated) Q-sorts (Lien et al., 2018). We analysed the results of the survey using the PQ Method software. The factor analysis extracts factors, which are significant enough to represent common responses and therefore, help to understand differences in viewpoint among the participants. A factor is considered significant when its ‘Eigenvalue’ is greater than 1.0 and is significantly loaded by at least two Q sorts (Watts and Stenner, 2005). A significant factor loading is calculated by using the following equation,  $2.58(1/\sqrt{N})$ , at a significance level of  $P < 0.01$ . In our study, four significant factors were extracted and subject to varimax rotation. For each factor, the Q-sorts of the factor exemplars (i.e. those Q sorts which significantly and exclusively load a given factor) were weighted by loading and merged to yield four Ideal Q sorts, one for each factor.

The final step is interpretation of the factors that have been extracted from the statistical analysis, which are compiled into discourses. The Ideal Q sorts were subjected to interpretation in order to describe the resulting discourses (Takshe et al., 2010). For each factor, the themes of the discourse at play are identified based on the content or ideas expressed through the statement rankings within the Ideal Q sort (Song, 2017). In this study the discourses derived from the four factors are labelled from A to D. The interpretation process is further explained in the next section.

## 4 Results

Four factors were chosen for interpretation based on their Eigenvalue and significant Q-sort loadings (at 0.365 or above). The Although interpretation is based on the complete ranking, PQ Method output identifies all consensus and distinguishing statements, and these are particularly useful during interpretation to identify differences as well as similarities among the factors (Graaf, 2005; Lovett et al., 2021). Distinguishing statements are those that have been scored significantly different by one factor compared to others. For example, as can be seen from Table 2, item 45 is ranked at  $-4$  by factor 1 and 4, and at  $+4$  by factor 3, whilst factor 2 ranks it at 0. This indicates that item 45 can usefully distinguish the discourse presented by these four factors. Consensus statements, by contrast, are those that are ranked in a similar or identical position by all factors. (Mukherjee et al., 2018; Lovett et al., 2021).

### 4.1 Areas of consensus and disagreement

Statements of consensus among the interviewees are as followed: 9, 12, 25, 27, 31, 32, 34 and 39. All participants share the same or similar opinion on these items. All participants agree that the lockdown during the pandemic should be used to set focus on rebuilding our lives and the economy sustainably (9). When healthcare systems are strengthened during the COVID-19 pandemic and governments work on designing major economic recovery plans, the climate should be addressed equally in a COVID-19 stimulus plan. Health, economy and climate shouldn't be seen separately, but be addressed all together (12). The crisis should not stop us from accelerating sustainable growth and working towards a clean energy transition (25). Instead, we should keep in mind that the crisis will pass and the measures we chose to fight it will determine the world we will inhabit after. Therefore, COVID-19 measures should not only be aimed towards short-term success but consider its impacts over the long-term (27). Carbon emissions have decreased significantly as a result of COVID-19 related movement restrictions and lock downs, but the participants of the survey agree that without governmental actions, carbon emissions are likely to increase back up again once the crisis has passed (31) due to the high travel demand post home isolation (39). Leaders will want to get life and the economy back to normal by supporting industries, such as the fossil fuel industry, to get running again no matter the environmental damage (32). Furthermore, there is consensus among the interviewees that the COVID-19 pandemic proved to us which officials and rulers are capable of leading and which are not (34).

Statements with which all four factors (consensually) disagree are statements 7 and 43, indicating that all participants agree that a health threatening, global pandemic should be seen as a way of bringing attention to environmental efforts. A global pandemic such as the COVID-19 crisis provides a space to accelerate sustainable growth and is an opportunity that should not be ignored but used to tackle climate change (7). Lastly, the participants do not feel the pandemic and climate change were knowable and preventable in advance (43).



**Table 2** Q-statements

Statement	A	B	C	D
1 The coronavirus crisis has shown that people accept major restrictions laid down in regulatory law if there is an acute threat.	0	1	1	-2
2 Climate change poses a far greater threat to humanity, but because the danger is not, immediate action continues to be deferred.	-1	3	-1	-1
3 Once we have seen how much work can be done from home, many businesses will be encouraging their employees to continue working remotely.	-1	1	-4	-3
4 Environmental considerations will be sacrificed in favour of rebuilding the economy quickly.	-2	2	4	0
5 After the present pandemic is over, society will want to forget about it as quickly as possible.	-3	2	-3	4
6 Tackling climate change requires an approach that rejects the divisive narrowness of 'me, my interests, and my country first'.	1	-1	0	-1
7 A global pandemic that is claiming people's lives certainly shouldn't be seen as a way of bringing about environmental change either.	-4	-3	-4	-3
8 We must look beyond the temptation of adopting strategies based on a return to the normal of the past and instead seek to understand how it should respond to the future climate change driven transformation of the global economy.	2	0	-3	2
9 Rebuilding our lives and economies after lockdown should represent an opportunity to accelerate sustainability transitions.	3	3	0	1
10 To deal with the current and future global crisis, it is crucial to consider the different impacts that will be felt across nations and socioeconomic groups, and to ensure that those most vulnerable and unempowered are properly protected from its consequences.	4	3	-2	4
11 Compliance with environmental standards and the adoption and implementation of adequate climate and environmental measures should not be seen in contradiction with the economic needs generated by the COVID-19 crisis.	1	0	-2	4
12 COVID-19 stimulus should address health, the economy and climate together.	4	0	0	2
13 Ensure responses to the pandemic do not worsen the climate crisis and environmental degradation.	0	4	-2	3
14 COVID-19 has illustrated the fragility of life, but the same understanding has yet to be applied to addressing climate change which is about the fragility of resources required to sustain human life.	3	0	-2	3
15 What we thought was 'normal' before the pandemic was already a crisis and so returning to it cannot be an option.	2	0	-4	1
16 People are rethinking their environmental footprint.	-2	-2	2	-4

Note: Each statement was scored from +4 to -4, represents the ideas factor score

**Table 2** Q-statements (continued)

Statement	A	B	C	D
17 People will not accept similar constraints of everyday life for climate protection purposes in the coming years.	-2	4	-3	-2
18 COVID-19 hasn't shown that society can change, because it has been unplanned.	-3	-2	3	-1
19 The recovery phase from COVID19 will overlap with global efforts to deal with the evolving climate crisis.	-1	-4	3	2
20 The crisis offers some grounds for hope.	0	-3	-4	-3
21 We will once again just comfortably venture from our homes; the global economy will start humming and life will return to normal.	-2	-2	2	0
22 In a tale of two crises, it is about time we treated the climate crisis with as much urgency as COVID-19.	3	-2	-1	2
23 People's expectations of what governments can do in a crisis will be much higher.	0	1	2	-2
24 The world is committed to continued climate change regardless of any temporary fall in emissions due to the Coronavirus epidemic.	-2	-2	2	-1
25 We should not allow today's crisis to compromise the clean energy transition.	4	2	3	1
26 Instead of grappling with the coronavirus pandemic, the global community needs to shift their attention towards climate-related issues that directly impact our health.	-1	-4	0	-2
27 When choosing between alternatives, we should ask ourselves not only how to overcome the immediate threat, but also what kind of world we will inhabit once the storm passes.	3	3	4	0
28 The outbreak has shown that governments can take radical and urgent actions to tackle a clear and present danger.	1	-3	4	-3
29 Governments are going to continue with their 'business as usual' model.	-3	1	1	0
30 Governments have valid reasons to temporarily relax the enforcement of some environmental rules as they scramble to contain the pandemic and salvage their economies.	-4	1	-1	-4
31 Emissions will rebound once mobility restrictions are lifted and economies recover, unless governments intervene.	2	4	2	2
32 Politicians will be tempted in various parts of the world to support industries that are saying, 'We need to get up and running, don't worry about sustainability or climate change.'	0	2	1	1
33 What leaders will call 'necessity' after the pandemic could be the mother of environmental destruction.	-1	3	0	0

Note: Each statement was scored from +4 to -4, represents the ideas factor score

**Table 2** Q-statements (continued)

Statement	A	B	C	D
34 A crisis of this magnitude really helps illuminate which elected officials are capable of leading and which are not.	2	2	0	1
35 All COVID-19 recovery investments should go towards commerce that either helps reduce carbon emissions or promotes digital business.	0	-3	1	0
36 Science must explore how changes, such as remote working, video conferencing, e-commerce, and reduced air travel, can be made durable and contribute to low-carbon pathways even after the corona crisis.	4	-1	-3	4
37 We should motivate policymakers to prioritise long-term safety over short-term costs and economic gain.	3	-1	3	-1
38 States should refrain from unconditionally injecting vast amounts of public money to bail out fossil fuel energy companies and aviation companies, and thus entrenching fossil fuel dependency.	1	4	-2	-1
39 The cabin-fever of self-isolation encourages people to travel more when the option is there again.	0	2	2	3
40 Oil prices have already crashed in the face of low demand; this could be used as the chance to increase taxes on fossil fuels, which can be used for climate purposes.	0	0	-3	0
41 Recent improvements to air quality could be lost to a haze of 'revenge pollution' as industries returned to normal operations.	1	-1	-2	0
42 More important than the short-run impact on emissions are the impacts on investment in clean technologies such as renewable energy.	2	-1	-1	1
43 Both the coronavirus pandemic and climate change damage were knowable and preventable.	-3	-4	-2	-2
44 Carbon taxes and green policies harm economic growth and jobs.	-4	-2	0	-4
45 Prioritising climate policy will harm the ability of most people to improve their conditions, particularly after the terrible economic shock caused by the lockdowns.	-4	1	4	-4
46 Climate change will still be around and will not really be changed by this crisis.	-2	-1	3	3
47 When the pandemic eventually subsides, carbon and pollutant emissions 'bounce back' so much that it will be as if this clear-skied interlude never happened.	-3	0	1	3
48 People view COVID-19 as much, if not more, an economic crisis as a public health crisis.	-1	-3	0	-2
49 Ensuring people have access to education, jobs and can provide for their families must be the top priorities but should not be done at the expense of the environment.	2	0	-1	2
50 The fight against climate change can succeed amid a global pandemic.	1	-4	1	-3

Note: Each statement was scored from +4 to -4, represents the ideas factor score

Statement 28 is one of the most controversial statements. Whereas discourse B and D strongly disagreed (-3) that governments were able to handle the crisis effectively, discourse C strongly agreed (+4) that governments proved their ability to take actions and fight the pandemic successfully. Discourse A only mildly agreed (+1), indicating no significant opinion on that matter. As noted briefly above, another controversial statement is statement 45. Discourses A and D strongly disagreed (-4) that the prioritisation of climate policies will limit the ability of people to improve financially after the economic shock. However, Discourse C agrees with the statement (+4) and considers climate policies as a threat for people, who are trying to improve their conditions post pandemic. Discourse B mildly agrees (+1). When talking about governmental actions during the pandemic and the implementation of climate policies, the opinions significantly vary among the discourses

#### *4.2 Discourse a: learning lessons about climate sustainability from lockdown and sustaining them post pandemic*

Discourse A explains 28% of the total variance. Its distinguishing statements are statements 12, 20, 39, 4, 47, 29 and 45. In this discourse people strongly disagree with statements 5, 18, 30, 7 and 44. Furthermore, statements, which are to be considered as important are the ones presenting consensus (10, 36, 25, 9, 37, 14 and 22).

The COVID-19 pandemic has shown humanity how fragile our life on earth is. If we don't start treating planet earth and its resources more sustainably, the next challenges will be more destructive than the current crisis (14). However, the knowledge we gained from the crisis needs to be applied post pandemic. Climate change is just as urgent as the COVID-19 crisis (22).

Discourse A points out the importance of promoting economic sustainability post-pandemic, instead of using it as an excuse to set back climate change efforts (30). In order to prevent the spread of the COVID-19 virus, governments implemented lockdowns, work from home as well as movement restrictions, which resulted in a decrease of greenhouse gas emission. It is our responsibility to encourage policymakers to focus on long-term safety not only for us and the economy, but in favour of climate change (37). Society can change (18), but we need science and governments to work together in order to explore and implement regulations that support economic sustainability (36 and 9).

Even though the discourse agrees that the impacts of the crisis on the different socio-economic groups needs to be taken into consideration when making decisions (10), it strongly disagrees that climate policies will have major negative impacts on the people and the economy (45 and 44). Discourse A is very optimistic that the COVID-19 crisis won't be forgotten by the community (5) and other stakeholders (29), but instead be beneficial towards a more sustainable economy.

#### *4.3 Discourse b: preventing a return to pre-pandemic norms via post pandemic climate change regulations*

Discourse B explains 9% of the total variance. The distinguishing statements in this discourse are 17, 31, 38, 2, 33, 35, 26, 19 and 50. The participants disagreed with statements 28, 48, 43 and 43. The statements presenting consensus are 13 and 9.

In contrast to discourse A, discourse B is very pessimistic about the ability to establish economic sustainability post pandemic. In theory, rebuilding the economy should accelerate sustainable transitions (9). The discourse agrees that decisions made during and after the crisis need to be made carefully. All responses should at no cost contribute to environmental degradation and worsen the climate crisis (13).

However, it is very unlikely that people will agree to following similar restrictions once the virus is confined and implement them as a part of their life (17), but rather the opposite. Once mobility restrictions are lifted, emissions will increase, and the economy will go back to how we know it. Expecting this, governments need to intervene by implementing further post pandemic regulations in order to move forward sustainably (31). Nevertheless, governmental decisions and interventions could also cause the opposite and worsen the state we are in for once and for all (33).

Governments need to implement regulations that not only benefit the economy but focus on achieving climate change efforts. One way to achieve climate change efforts is to avoid promoting fossil fuel industries once the crisis has passed. Meaning, that states should avoid financing and bailing out this industry (38). According to discourse B, we do not stand much chance in fighting climate change (50).

#### *4.4 Discourse c: role and responsibilities of stakeholders to maintain the fight against climate change: a priority*

Discourse C explains 8% of the total variance. Distinguishing statements are 28, 45, 18, 19, 24, 16, 9, 13, 10, 36, 8, 40 and 15. Statements of consensus include 4, 27, 46 and 37 while statements of disagreement are comprised of 5, 17, 20, 3 and 7.

Governmental entities and the community need to cooperate in order to accelerate and sustain changes. The COVID-19 crisis has proven that governments are able to take actions and tackle the impacts efficiently (28). The decisions we make now will impact how the economy and our life will be rebuilt. We need to decide what world we want to create and inhabit after the pandemic before choosing alternatives (27). It is the responsibility of society to motivate and encourage governments to continue implementing such measures in favour of climate change, despite short-term costs (37).

It is likely that businesses won't do their part in supporting climate friendly changes and won't be encouraged in continuing regulations such as work from home policies (3). Discourse C indicates that people are afraid that climate policies will negatively impact and limit their ability to improve their living conditions post-pandemic (45). Therefore, it is likely that environmental efforts will be pushed into the background and rebuilding the economy into the centre (4).

#### *4.5 Discourse d: post pandemic challenges and opportunities*

The variance explained by the last discourse, discourse D, and is 6%. The statements 27, 23, 1, 28 and 45 are distinguishing statements. Statements with which the interviewees disagreed in discourse D are 44, 30 and 16. Common agreement is presented in statements 11, 36, 10, 5, 39, 46, 14 and 47.

After the pandemic, we will be confronted with challenges that require good decision making by stakeholders. Lacking knowledge and motivation within society could accelerate the climate change process. Discourse D strongly agrees that once the virus is confined, with time people will forget about it (5). Ensuring emissions stay down post

pandemic will be a major challenge. If not managed correctly, emissions will increase to how it was before or even worse (47). Additionally, it can be expected that people will start travelling again after weeks of self-isolation. With people trying to make up for their lost time, emissions caused by airplanes or cars could result in even more than before (39). This discourse strongly disagrees that people will become more environmentally concerned and rethink their environmental footprint (16).

The COVID-19 crisis does not give governments a justified reason to push back environmental regulations (30). Instead, the implementation of environmental standards and measures taken to generate economic needs, should work as one and not be seen as opposites (11). The crisis is an opportunity to explore new ideas and ways to promote sustainable growth (36). The knowledge gained during the crisis can and should be applied to tackle climate change impacts (14).

However, discourse D takes on a pessimistic approach concerning future climate change efforts and strongly agrees that 'climate change will still be around will not really be changed by the crisis' (46).

## **5 Discussion**

This study was conducted in order to gain an insight into the opinions of younger people in the UAE on actions taken for the COVID-19 crisis and comparing them to those needed to mitigate and adapt to climate change. An analysis of statements scored by the participants using Q methodology provided four discourses (A, B, C, D). In all four discourses there was a consensus that further actions need to be taken post-pandemic in order to combat climate change impacts. Figure 1 provides a visual overview of the answers given to all the 50 statements from which the discourses were derived.

Discourse A emphasises the need for economic sustainability post-pandemic. In terms of preventive measures and its global impacts, climate change as well as the COVID-19 crisis show similar challenges and opportunities (Manzanedo, 2020). The pandemic resulted in a major health crisis on a global level, crossing local and national borders. Whole countries agreed on introducing lockdowns, movement restrictions and therefore, reduce economic activities. This showed that if communities and governments realise how fragile human life is, actions are being taken. However, human life does not only depend on effective governmental actions and good healthcare systems, but on the resources our planet provides us with. Discourse A agrees that what we learned from this crisis should be seen as a lesson to motivate us to apply all the knowledge we gained to further push for post-pandemic efforts in favour of climate change. Discourse A strongly agrees that the COVID-19 stimulus should be used to promote sustainable policies for health, economy, and climate, not allowing the crisis to compromise the transition to clean energy (Figure 1). The pandemic caused whole industries to shut down, leading to reduced emissions of greenhouse gases. The environmental benefits were immediately felt worldwide (Helm, 2020; Myllyvirta, 2020; Lenzen et al, 2020; Plume, 2020). Industries could be encouraged to shift from continuing business as usual, but instead, prioritise the acceleration of clean energy and sustainability transitions. The actions taken to combat the virus present an opportunity for policymakers and scientists to find ways, which enable us to rebuild the economy sustainably while ensuring equal impacts among nations and socioeconomic groups.

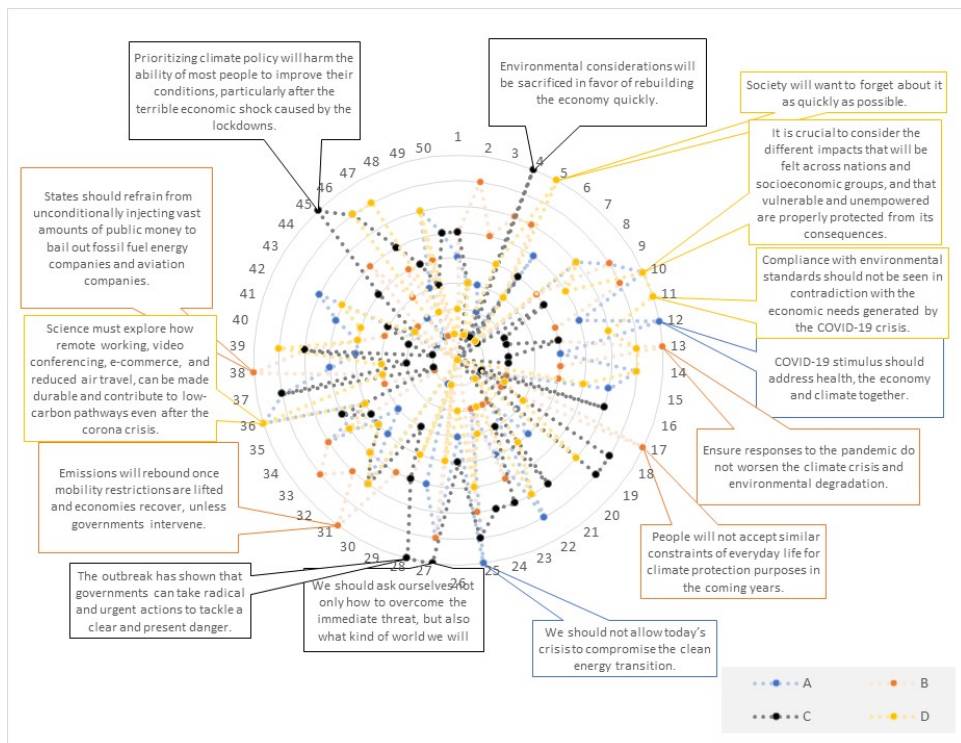
Discourse B suggests the implementation of post-pandemic regulations in order to avoid a set-back in climate change efforts. The regulations that have been introduced during the COVID-19 crisis, such as work from home, movement restrictions and lockdowns are creating a reduction in carbon emissions. Whereas Discourse B is rather pessimistic about whether the people will accept continuing regulations post-pandemic and is concerned that emissions will go up again once the crisis has passed (as highlighted in Figure 1, this is the only discourse strongly agreeing with the statement that people will not accept similar constraints on their everyday life for climate protection). They strongly agree that post-pandemic regulations should be a centre of attention and be enforced permanently. If countries prioritise economic gains over climate change efforts, the environmental damage could be irreversible. The main differences between the COVID-19 crisis and climate change are the immediate impacts felt by the pandemic where-as climate change effects have been incremental over time and its impacts are different in different countries. Some countries, such as Australia (Johnston et al., 2020), are already heavily affected by the consequences of the changing climate, others, such as the Scandinavian countries are more resilient to the consequences (Chinowsky et al., 2011). Discourse B believes that this difference contributes to the poor decision making of leaders on mitigating climate change. However, focusing post-pandemic financial aid on the recovery of major fossil fuel industries could accelerate the climate change process. Continuing regulations that maintain the decrease in carbon emissions should be a top priority to government authorities in order to guarantee long-term safety instead of short-term economic benefits. Not taking this opportunity as a chance to introduce permanent regulations, could limit our ability to prevent further climate change impacts (Elkerbout et al., 2020).

Discourse C focuses on the roles and responsibilities of stakeholders. This discourse highlights the importance of effective cooperation between governmental entities and the community in order to accelerate change. The COVID-19 crisis required governmental institutions and leaders to take actions as well as decision-making in a short timeframe. However, a situation of this magnitude does not only rely on authorities, but the support of the community. Businesses and individuals need to agree and adhere to stay at home policies, movement restrictions and wearing of PPE equipment. Because continuous restrictions might harm the recovery of businesses, such as fossil fuel industries, Discourse C suggests that environmental regulations in favour of climate change will be pushed into the background. As shown in Figure 1, Discourse C is the only one strongly agreeing that prioritising climate policies will harm the ability of most people to improve their conditions. It's the responsibility of the public to reconsider what world they want to inherit post-pandemic and to motivate policy makers to adjust the system. Governmental entities should then take actions accordingly together with businesses to accept the restraints and develop policies that support the transition.

Finally, Discourse D describes the upcoming challenges and opportunities arising from the COVID-19 crisis. The answers associated with this discourse are significantly and positively correlated with those of Discourse A. Lack of knowledge and motivation among communities and stakeholders could accelerate the climate change process even further. Discourse D sees the COVID-19 crisis as an opportunity to adapt environmental regulations and climate actions as part of economic needs instead of a contradiction, however it seems unlikely that the pandemic will have positive impacts on climate change. Due to weeks spent in lockdown, people could be motivated to travel and carbon emissions will soon rise again. In this regard, Discourse D strongly agrees that after the

present pandemic is over, society will want to forget about it as quickly as possible (Figure 1). Gaining the motivation from the communities to push for and support climate change actions presents a major challenge. However, if we efficiently apply what we learned from the crisis as well as promote science to explore new ways of keeping climate friendly regulations going, the pandemic can be considered as an opportunity for significant improvement. The challenges and opportunities found are aligned to international challenges and opportunities discussed by other researchers (Poursadeqiyar et al., 2020 and Barouki et al., 2021). These papers discuss how COVID-19 can be a positive impact on the long run-in relation to environmental regulations, community pressures on stakeholders to take action in combating climate change and minimising carbon emissions.

**Figure 1** Visualisation of discourses (text shown for level of agreement=4; outer circle=4; inner circle=-4) (see online version for colours)



## 6 Conclusions

The COVID-19 crisis has forced governments to implement major restrictions, industries to shut down and people to spend weeks in lockdown in order to control spread of the virus. The pandemic caused a significant drop in greenhouse gas emission due to changes in behaviour and limitation of travelling. In order to assess how the public perceives the relationship between COVID-19 and climate change, the application of Q methodology revealed four discourses expressing different views on how life post-pandemic should



proceed as well as the challenges and opportunities. Climate change is a major concern and effective implementation strategies are still lacking. Return to normal economic activity after the pandemic could significantly increase the carbon emissions. Climate friendly guidelines and regulations are to be incorporated into COVID-19 recovery solutions. It is too early to project the impact of COVID-19 on future emissions and contribution to climate change in the UAE, but it is anticipated that emissions will decrease below the original projections for 2030. This decreased projection could be achieved if the government implements a 'green' economic recovery in parallel with more stringent climate policies, such as abolishing any carbon-intensive investments. The UAE has been active and forward thinking regarding climatic actions and mitigation measures especially for a low carbon transition. Although mitigation measures require decisive government action, adaptation will be a shared responsibility between governments, communities, individuals. It is worth mentioning that discourses might differ in different countries because personal experiences and the socio-cultural environment might exert a strong influence at the results. Countries that differ on various dimensions (developed vs. developing, healthcare systems efficiency, climate change priorities, etc.) might have different outcomes. More research would be needed in order to understand the differences and similarities between countries worldwide.

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